

# *Breakfast Menu*

## **To start...**

A choice of cereals or muesli, fruit juices, freshly prepared fruit and a variety of yoghurts

Brown and/or white toast

A pot of tea (Earl Grey, English Breakfast or fruit selection) or a cafetière of fresh ground coffee

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## **For a cooked breakfast choose from...**

A traditional Carmarthen breakfast, including free-range eggs , Peter Peric bacon & sausage (our local award winning butcher), baked beans, homemade cheesy potato & leek cake, mushrooms and tomatoes (home-grown in season)

Homemade pancakes and crispy bacon served with maple syrup

Creamy scrambled free-range eggs and smoked salmon served on toasted granary bread\*

Grilled kippers or kipper fillets served with fresh lemon wedges and butter\*

Croissant and/or pain au chocolate, warm rolls, preserves and butter\*

\* We kindly request that you please order these items the evening before your breakfast is served